



# Luke Chao

Social Entrepreneur, Practical  
Philosopher, Hypnotherapist

Luke Chao founded The Morpheus Clinic for Hypnosis in 2006 after graduating from the University of Toronto and has since become a passionate advocate for non-pharmacological mental health interventions. His approach to hypnosis is client- and solution-focused, brief and humanistic.

4.8★

68 Reviews

>5000

Clients

>12,000

Followers

19 Years

in Practice

## Contact Luke



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## OWNED AND EARNED MEDIA

How to Be an Adult (Apple Podcasts, Spotify)

@morpheushypnosis (YouTube, TikTok, IG)

Toronto Star, Cosmopolitan, BuzzFeed News

LEARN SELF-LOVE AND SELF-RESPECT • UPDATE YOUR SELF-CONCEPT  
CHANGE UNHEALTHY HABITS • BUILD CONFIDENCE • FIND MOTIVATION